|   | **Ladysmith Seniors Centre – MAY 2025- 630 Second Ave. 250-924-1924,** **Email:** **lsseniorcentre@shaw.ca****. Web:www.ladysmithseniorscentre.ca** |  |
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|  |  |  |  | **1****SENIORS EXERCISE****10-11****CRIB****1-3** | **2****TAI CHI 10-11:15****BEGINNER TAI CHI 11:15-12****OFFICE** **1-3** | **3****PANCAKE BREAKFAST****9:30-11****BINGO 1-3** |
| **4** | **5****Soup & Sandwich Moved to Tuesday****CHAIR YOGA****2-3** | **6****SOUP/SANDWICH****11:30-12:30****GENERAL MEETING****12:30****MAHJONG 1-3****AMERICAN & CHINESE** | **7****LINE DANCING** **10-11****OFFICE** **1-3** | **8****SENIORS EXERCISE****10-11****CRIB****1-3** | **9****TAI CHI 10-11:15****BEGINNER TAI CHI****11:15-12****OFFICE** **1-3** | **10****BINGO 1-3** |
| **11** | **12****SOUP/SANDWICH** **11:30-12:30****CHAIR YOGA** **2-3** | **13****BRING YOUR CRAFT****10-12****MAHJONG 1-3****AMERICAN & CHINESE** | **14****LINE DANCING****10-11****OFFICE** **1-3** | **15****SENIORS EXERCISE****10-11****CRIB****1-3** | **16****TAI CHI 10-11:15****BEGINNER TAI CHI****11:15-12****APRIL & MAY BIRTHDAY PARTY****2 - 4** | **17****BINGO 1-3** |
| **18** | **19** **VICTORIA DAY** | **20****EXECUTIVE****MEETING 9:30****BRING YOUR CRAFT****11-1****MAHJONG 1-3****AMERICAN & CHINESE** | **21****OFFICE** **1-3** | **22****SENIORS EXERCISE****10-11****CRIB** **1-3** | **23****TAI CHI 10-11:15****BEGINNER TAI CHI****11:15-12****OFFICE** **1-3** | **24****CRIB TOURNEMENT****10 am SHARP** |
| **2**5**SUNDAY DINNER****DOORS OPEN 4PM****DINNER AT 5 PM****INFO ON BACK OF** **CALENDAR** | **26****SOUP/SANDWICH** **11:30-12:30****CHAIR YOGA** **2-3** | **27****BRING YOUR CRAFT****10-12****MAHJONG 1-3****AMERICAN & CHINESE** | **28****LINE DANCING** **10-11****OFFICE** **1-3** | **29****SENIORS EXERCISE** **10-11****CRIB****1-3** | **30****TAI CHI 10-11:15****BEGINNER TAI CHI 11:15-12****OFFICE** **1-3** | **3**1**BINGO 1-3** |
|  |  |  |  |  |  |  |

 **SUNDAY DINNER**

**MAY/25 members $12.00-guests $14.00**

**Doors open 4 Dinner 5**

**Roast Beef, Mashed Potato, Gravy, Veggies,**

 **Dessert, Coffee and Tea**

**Call 250-245-7476 or email** **lin13d2@gmail.com**

**to register**

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**BIRTHDAY PARTY**

**For April and May – May 16th**

**2:00pm-4:00 pm**

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**“The Gentlemen” musical group**

**Everyone is welcome, even if it is not your birthday.**