|  | **Ladysmith Seniors Centre – MAY 2025- 630 Second Ave. 250-924-1924,**  **Email:** [**lsseniorcentre@shaw.ca**](mailto:lsseniorcentre@shaw.ca)**. Web:www.ladysmithseniorscentre.ca** | | | | |  |
| --- | --- | --- | --- | --- | --- | --- |
|  |  |  |  | **1**  **SENIORS EXERCISE**  **10-11**  **CRIB**  **1-3** | **2**  **TAI CHI 10-11:15**  **BEGINNER TAI CHI 11:15-12**  **OFFICE**  **1-3** | **3**  **PANCAKE BREAKFAST**  **9:30-11**  **BINGO 1-3** |
| **4** | **5**  **Soup & Sandwich Moved to Tuesday**  **CHAIR YOGA**  **2-3** | **6**  **SOUP/SANDWICH**  **11:30-12:30**  **GENERAL MEETING**  **12:30**  **MAHJONG 1-3**  **AMERICAN & CHINESE** | **7**  **LINE DANCING**  **10-11**  **OFFICE**  **1-3** | **8**  **SENIORS EXERCISE**  **10-11**  **CRIB**  **1-3** | **9**  **TAI CHI 10-11:15**  **BEGINNER TAI CHI**  **11:15-12**  **OFFICE**  **1-3** | **10**  **BINGO 1-3** |
| **11** | **12**  **SOUP/SANDWICH**  **11:30-12:30**  **CHAIR YOGA**  **2-3** | **13**  **BRING YOUR CRAFT**  **10-12**  **MAHJONG 1-3**  **AMERICAN & CHINESE** | **14**  **LINE DANCING**  **10-11**  **OFFICE**  **1-3** | **15**  **SENIORS EXERCISE**  **10-11**  **CRIB**  **1-3** | **16**  **TAI CHI 10-11:15**  **BEGINNER TAI CHI**  **11:15-12**  **APRIL & MAY BIRTHDAY PARTY**  **2 - 4** | **17**  **BINGO 1-3** |
| **18** | **19**  **VICTORIA DAY** | **20**  **EXECUTIVE**  **MEETING 9:30**  **BRING YOUR CRAFT**  **11-1**  **MAHJONG 1-3**  **AMERICAN & CHINESE** | **21**  **OFFICE**  **1-3** | **22**  **SENIORS EXERCISE**  **10-11**  **CRIB**  **1-3** | **23**  **TAI CHI 10-11:15**  **BEGINNER TAI CHI**  **11:15-12**  **OFFICE**  **1-3** | **24**  **CRIB TOURNEMENT**  **10 am SHARP** |
| **2**5  **SUNDAY DINNER**  **DOORS OPEN 4PM**  **DINNER AT 5 PM**  **INFO ON BACK OF**  **CALENDAR** | **26**  **SOUP/SANDWICH**  **11:30-12:30**  **CHAIR YOGA**  **2-3** | **27**  **BRING YOUR CRAFT**  **10-12**  **MAHJONG 1-3**  **AMERICAN & CHINESE** | **28**  **LINE DANCING**  **10-11**  **OFFICE**  **1-3** | **29**  **SENIORS EXERCISE**  **10-11**  **CRIB**  **1-3** | **30**  **TAI CHI 10-11:15**  **BEGINNER TAI CHI 11:15-12**  **OFFICE**  **1-3** | **3**1  **BINGO 1-3** |
|  |  |  |  |  |  |  |

**SUNDAY DINNER**

**MAY/25 members $12.00-guests $14.00**

**Doors open 4 Dinner 5**

**Roast Beef, Mashed Potato, Gravy, Veggies,**

**Dessert, Coffee and Tea**

**Call 250-245-7476 or email** [**lin13d2@gmail.com**](mailto:lin13d2@gmail.com)

**to register**

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**BIRTHDAY PARTY**

**For April and May – May 16th**

**2:00pm-4:00 pm**

**A cake with blue candles on top

AI-generated content may be incorrect.**

**“The Gentlemen” musical group**

**Everyone is welcome, even if it is not your birthday.**