


OFFICE HOURS
WED. & FRI
11-1PM

Ladysmith Seniors Centre –June 2026- 630 Second Ave. 250-924-1924,
Email: Isseniorcentre@shaw.ca. Web:www.ladysmithseniorscentre.ca

OFFICE HOURS
WED. & FRI
11-1PM

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Chair Yoga+ 2-3pm	2 Soup & Sandwich 11:30-12:30pm General Meeting 12:30pm American & Chinese Mahjong 1:30-3:30pm	3 Line Dancing 10-11am Texas Hold'em 1-4pm Canasta 1 – 4pm	4 Senior Exercise 10-11am Crib: 1-3 pm Chair Yoga Plus 3:30-4:30pm	5 Tai Chi 10-11am Beginners Tai Chi 11:15– 12 pm Wobbly Warblers 1-2pm	6 Pancake Breakfast 9:30-11am BINGO 1-3pm
7	8 Soup & Sandwich 11:30-12:30pm Chair Yoga+ 2-3pm	9 American & Chinese Mahjong 1:30-3:30pm	10 Line Dancing 10-11am Texas Hold'em 1-4pm Canasta 1-4pm	11 Senior Exercise 10-11am Crib: 1-3 pm Chair Yoga Plus 3:30-4:30pm	12 Tai Chi 10-11am Beginners Tai Chi 11:15–12pm Wobbly Warblers 1-2pm	13 BINGO 1-3pm
14 Sunday Dinner See Back Of Calendar For Info	15 Soup & Sandwich 11:30-12:30pm Chair Yoga+ 2-3pm	16 Executive Meeting 9:30 am American & Chinese Mahjong 12:30-3:30pm	17 Texas Hold'em 1-4pm Canasta 1-4pm	18 Senior Exercise 10-11am Crib: 1-3pm Chair Yoga Plus 3:30-4:30pm	19 Tai Chi 10-11am Beginners Tai Chi 11:15 -12pm BIRTHDAY PARTY 2PM- 4PM	20 BINGO 1-3pm
21 	22 Soup & Sandwich 11:30-12:30pm Chair Yoga+ 2-3pm	23 American & Chinese Mahjong 12:30–3:30pm	24 Line Dancing 10-11am Texas Hold'em 1-4pm Canasta 1-4pm	25 Senior Exercise 10-11am Crib: 1-3pm Chair Yoga Plus 3:30-4:30pm	26 Tai Chi 10-11am Beginners Tai Chi 11:15 -12pm Movin'-Groovin' 2:30-4:30pm	27 BINGO 1-3pm Summer Solstice Dance 7pm-10pm
28	29 Soup & Sandwich 11:30-12:30pm Chair Yoga+ 2-3pm	30 American & Chinese Mahjong 12:30–3:30pm				

JUNE 14TH SUNDAY DINNER

SCALLOPED POTATOES AND BAKED HAM

SOLD OUT

VEGGIES/SALAD/DESSERT

SOLD OUT

DOORS OPEN 4 PM

DINNER AT 5 PM

MEMBERS \$12.00

GUESTS \$14.00

DINNER TICKETS MUST BE PURCHASED NO LATER THAT 7 DAYS IN ADVANCE

To register call 250-619-2015 or email lin13d2@gmail.com

JUNE 19TH

BIRTHDAY PARTY

COME CELEBRATE WITH OUR MAY/JUNE BIRTHDAY MEMBERS

ENTERTAINMENT BY "SEE YA THURSDAY"

2PM – 4PM

JUNE 27/ 29

SUMMER SOLSTICE DANCE

DANCE THE NIGHT AWAY---- MUSIC BY "WOODSTICK"

7PM-10PM..... TICKETS \$20.00

SPOT DANCES/DOOR PRIZES/WONDERFUL BUFFET

Email Linda at lin13d2@gmail.com or call 250-619-2015